POPE FRANCIS' MESSAGE FOR **LENT FOR 2020**

"We implore you on behalf of Christ, be reconciled to God" - (2 Cor 5:20)

Dear Brothers and Sisters,

prepare to celebrate with renewed hearts the great mystery of do with as we will. Rather, life is born of the love of God our the death and resurrection of Jesus, the cornerstone of our Father, from his desire to grant us life in abundance (cf. Jn personal and communal Christian life. We must continually 10:10). If we listen instead to the tempting voice of the return to this mystery in mind and heart, for it will continue to "father of lies" (Jn 8:44), we risk sinking into the abyss of grow within us in the measure that we are open to its spiritual absurdity, and experiencing hell here on earth, as all too power and respond with freedom and generosity.





PROMOTING NATURAL

COME FOR NATURAL PRODUCTS

*Local Rice *Natural spices

*Palm oil

*Coconut Oil *Greek Yoghurt

*Tofu

*Cottage Cheese Sheabutter + oil

*Cocoa Butter + Oil

*Natural Creams & Soaps

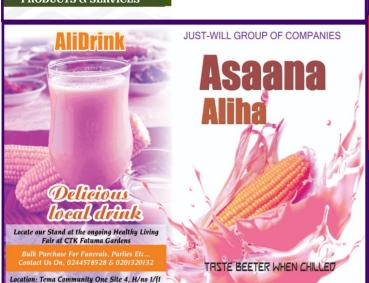
*Herbal Teas

*Nutritional supplements

*Honey products

*Healthily cooked foods

*Total Body Massage



1. THE PASCHAL MYSTERY AS THE BASIS OF CONVERSION

Christian joy flows from listening to, and accepting, the Good News of the death and resurrection of Jesus. This kerygma sums up the mystery of a love "so real, so true, so concrete, that it invites us to a relationship of openness and fruitful dialogue" (Christus Vivit, 117). Whoever This year the Lord grants us, once again, a favourable time to believes this message rejects the lie that our life is ours to many tragic events in the personal and collective human experience sadly bear witness.

> In this Lent of 2020, I would like to share with every Christian what I wrote to young people in the Apostolic Exhortation Christus Vivit: "Keep your eyes fixed on the outstretched arms of Christ crucified, let yourself be saved over and over again. And when you go to confess your sins, believe firmly in his mercy which frees you of your guilt. Contemplate his blood poured out with such great love, and let yourself be cleansed by it. In this way, you can be reborn ever anew" (No. 123). Jesus' Pasch is not a past event; rather, through the power of the Holy Spirit it is ever present, enabling us to see and touch with faith the flesh of Christ in those who suffer.

> > to be continued...

EYE EXAMINATION EXERCISE

Marriset Vision Care will be at the church premises (Parish Hall) on 1st & 8th March, 2020 for eye examination exercise. All types of designer frames and modern lenses are available at a very highly subsidised prices. call 0243579621 / 0208129286



A FIRM IN LABONE IS LOOKING FOR AN EXPERIENCED **DRIVER** CALL: 0302774112 / 0302767609

LAND FOR SALE

0.16 acres land with a scale of 1:2500 located at Plot No. 62, Nsakena Peace Village, Accra.

Call: Kingsley A. Bediako 0504192416 / 0579231900

HOUSE NEEDED FOR RENT

A parishioner is looking for a 2 bedroom living accommodation including Boys Quarters in and around Labone, Nyaniba, South La, Kanda. & Dzorwulu.

NO AGENTS PLEASE Call: 0243958331

DRIVER WANTED **URGENTLY** CALL: 024 438 4169



1ST SUNDAY OF LENT, YEAR A

Christ The King Catholic Church | P.O.Box CT 2110 Cantonments-Accra, Ghana Tel. 233-302-775645 www.christthekingaccra.net Email: info@christthekingaccra.net

CHRIST THE KING CHURCH THEME FOR THE YEAR

LET US REJOICE, FOR NOW IS THE ACCEPTABLE YEAR OF THE LORD - cf Is 61.2

OFFICE HOURS Weekdays 8:00am-5:00pm

Saturdays 8:00am-12:00pm

Sundays 8:00am-2:00pm **MASS SCHEDULE**

CHRIST THE KING CATHOLIC CHURCH SUNDAYS

6:30am, 8:00am, 10:30am, 6:00pm Youth Mass: 8.00am

WEEKDAY SCHEDULE Daily: 6:30am & 12:15pm; Tues: 6:30am, 12:15pm & 6:30pm

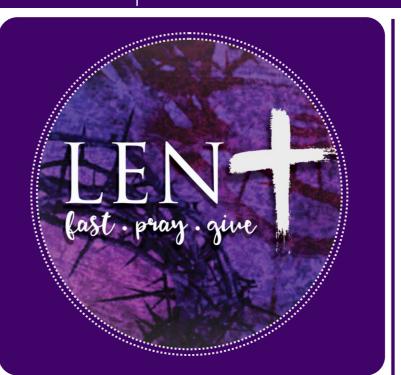
GROTTO DEVOTIONS Every 1st Saturday of the Month at 4:00pm

HOLY HOUR & MASS Thursday preceding the 1st Friday & 1st Friday 6:00pm

CONFESSION

Saturdays: - After Morning Mass

5:00pm - 7:00pm at Confession Room at Adoration Chapel



THE SEASON OF LENT

At the beginning of Lent, which represents an intense path of spiritual training, the liturgy proposes three penitential practices that are precious to the biblical and Christian tradition — prayer, almsgiving, and fasting — in order to prepare oneself to celebrate Easter more properly and thus to have the experience of the power of God who "triumphs over evil, washes away our sins, restores innocence to sinners, joy to the afflicted, extinguishes hatred, brings us peace and humbles the proud in the world" (Easter Proclamation). Lent recalls to us the forty days of fasting that the Lord underwent in the desert, prior to commencing his public mission. The Holy Scriptures and the entire Christian tradition teach that fasting is a great help to avoid sin and everything that leads to it. That is why, in the history of salvation, the invitation to fast recurs time after time. The faithful practice of fasting contributes to the unification of the human person, body and soul, by helping one to avoid sin and to grow in intimacy with the Lord

ASH WEDNESDAY

According to the pontifical tradition, the Mass for Ash Wednesday is mercy triumph and his friends will be showered with celebrated in the Basilica of St. Anselm on the Aventine. This day is countless favors. With the Responsorial Psalm, the considered the liturgical gateway into Lent.

component of today's liturgy. Already in the entrance antiphon, it and to renew in us "a right spirit." Next is the Gospel states that the Lord overlooks and forgives the sins of those who passage in which Jesus warns us against the canker of repent; in the Collect, Christian people are invited to pray so that each vanity that leads to ostentation and hypocrisy, to one may undertake a "journey of true conversion." In the First superficiality and self-satisfaction, and reasserts the need Reading, the prophet Joel urges us to return to the Father "with your to foster uprightness of heart. At the same time, he shows us whole heart, with fasting, with weeping, and with mourning. . . . For he the means to grow in this purity of intention: by cultivating is gracious and merciful, slow to anger, rich in kindness, and relenting intimacy with the heavenly Father.. in punishment" (2:12-13). God's promise is clear: if the people will

listen to the invitation to conversion, God will make his liturgical assembly makes the invocations of Psalm 51[50] The appeal for conversion emerges as a dominant theme in every its own, asking the Lord to create within us "a clean heart"

PARISH LENTEN RETREAT

Wednesday, 11th - Fri. 13th March, 2020 6:00 pm Each Day Retreat Master: Rev. Fr. Nimorious Domazing, SMA

1ST SUNDAY OF LENT, YEAR A

COMMENTARY ON READINGS

First Reading: This reading tells us about the temptation and fall of our First Parents; it is about the sin of disobedience by the human race, and about the reality of temptation and sin in our own lives. (**Genesis: 2:7-9, 3:1-7**)

RESPONSORIAL PSALM (Ps. 51) "Be merciful, O Lord, for we have sinned."

Have mercy on me, O God, in your goodness; in the greatness of your compassion wipe out my offense. Thoroughly wash me from my guilt and of my sin cleanse me. **Res.**

For I acknowledge my offense, and my sin is before me always: "Against you only have I sinned, and done what is evil in your sight." **Res.**

A clean heart create for me, O God, and a steadfast spirit renew within me. Cast me not out from your presence, and your Holy Spirit take not from me. **Res.**

Give me back the joy of your salvation, and a willing spirit sustain in me.
O Lord, open my lips, and my mouth shall proclaim your praise. **Res**

Second Reading: Adam began a history of fallen humanity marked by disobedience and evil, sin and death. Jesus began a new history of humanity marked by obedience, forgiveness of sins and life everlasting. (Roman 5:12-19)

Gospel: Satan's temptation is rejected when Jesus refuses to use spiritual power given Him to satisfy his own needs instead of obeying God; He also refuses to do spectacular deeds to impress people or to desire supreme political world power for himself rather than serve the All Powerful God.

(Matthew 4:1-11)

WEEKDAY READINGS & MEMORIALS 1ST SUNDAY OF LENT, YEAR A

Monday St. Charles the Good

Lev 19:1-2. 11-18/Ps 19/Mt 25:31-46

Tuesday St. Katherine Drexel

Is 55:10-11/Ps 34/Mt 6:7-15

Wednesday St. Casimir

Jon 3:1-10/Ps 51/Lk 11:29-32

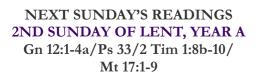
Thursday St. John Joseph of the Cross

Est C: 12:14-16. 23-25/Ps 138/Mt 7: Friday Indepedence Day of Ghana

Ez 18:21-28/Ps 130/Mt 5:20-26

Saturday Ss. Perpetua/Felicity

Dt 26:16-19/Ps 119/Mt 5:43-48



ROSTER FOR BIDDING PRAYERS / 2ND COLLECTIONS

BIDDING PRAYERS & OFFERTORY

1st March 2020

6:30am Grandparent Assoc. 8:00am Sacred Heart Conf. 10:30am Christian Mothers 6:00pm Lectors

8th March 2020

Youth

6:30am Padre Pio

8:00am Yefri Tete Kroye Kuo 10:30am St. Andrew Dagaaba Union

Youth Lectors

6:00pm Catechist Youth CYO

15th March 2020

6:30am St. Cecilia Choir 8:00am St. Anthony's Guild 10:30am Marian Choir

6:00pm Y.C.W Youth KNOLTA

SECOND COLLECTIONS

1st March 2020 - 8th March 2020 -

ThanksgivingVitus Dery

15th March 2020 - Men vs Women 22nd March 2020 - Communication

arch 2020 - Communication (Arch) arch 2020 - Poor and Needy

29th March 2020

MARRIAGE CORNER

MARRIAGE BANNS

1. Kwame Osei Agyeman-Duah & Godfreyda Efua Nyame (3) 2. Isaac Klutse Mudor & Rosemary Tsikudo (2)

SOCIETAL CALL FOR MEMBERSHIP

KNIGHTS AND LADIES OF ST. JOHN INT.

As part of their membership expansion drive, the Knights and Ladies Auxiliary of St. John of CTK Parish wishes to invite interested parishioners who are Communicants to apply for membership. For more information, call 0244760650 | 0249341650 | 0243442066

MARIAN CHOIR

Are you looking for something to do in the Church? Then come join the MARIAN CHOIR and let's celebrate our SILVER JUBILEE together and make HISTORY. You are warmly welcome.

Marian! Sing to Her Glory

STATIONS OF THE CROSS ROSTER

6:00PM EACH DAY

WEEK 2: 6TH MARCH 2020

Stations 1 - 4	Parish Youth Council
Stations 5 - 9	Catholic Youth organisation
Stations 10 - 14	Young Christian Workers Movement
Songs led by	Angelic Choir

MEETINGS

AFTER 8.00AM MASS TODAY

*Parish Youth Council

*Sacred Heart Confraternity

*Tarcisians

*Justice and Peace Committee

MEETINGS DURING THE WEEK

***PPC Executives,** on Wednesday, 4th March, 2020 at 6.00pm at the Parish Office.

MEETINGS NEXT WEEK, 8TH MARCH, 2020

*Catholic Men Association

*Christian Mothers Association

*Kassena Nankana

*Teshie Nungua

*St. Michael Ewe Union - Executives

HEALTHY LIVING FAIR

A fair aimed at encouraging and promoting natural healthy life.

TODAY @ FATIMA GARDENS

(Near the Parish Hall)

OFF 24TH MARCH, 2020

INVITATION TO PARTICIPATE IN INTERNATIONAL EUCHARISTIC CONGRESS 2020

The Department of Pastoral Ministry & Evangelisation of the National Catholic Secretariat invites interested participants to the International Eucharistic Congress 2020 (IEC2020) scheduled for 13th - 20th September 2020 in Budapest, Hungary. The IEC 2020 is themed "All my springs are in you" - Psalm 87:7.

The price packages for the trip is as follows:

Early Bird = USD2,700.00 (till 31st March 2020) Standard = USD3,000.00 (till 30th June 2020) Later - Comer = USD3,500.00 (till 31st July 2020)

Interested Catholics may request for a Registration Form by sending a mail to gcbc2017nec@gmail.com upon payment of a non-refundable fee of GH¢100.00 to the MTN Mobile number: 0547864012 (Sr. Juliana Omudu).

For further enquiries, kindly call 0547864012 / 0504229911 / 0208921654.

ACIES! ACIES! ACIES!!

LEGION OF MARY

Legion of Mary invites parishioners especially Marian Devotees to the Holy Spirit Cathedral on 22nd March 2020 at 2:00pm to renew our promise to God and Mother Mary. Come and experience this spirit filled service.

UPCOMING PROGRAMMES

21st March 2020

Seminar for all Lectors at the Catholic Institute of Business and Technology (CIBT)

27th - 28th March 2020

World Youth Day Celebration

THE TUESDAY TEACHING CORNER

TOPIC FOR NEXT SESSION

"UNDERSTANDING THE SPIRITUALITY OF LENT"

Tues. 3rd March 2020 | 6.30pm Christ the King Catholic Church, Cantonments

SILVER AND RUBY JUBILEE CELEBRATION - HDR

The Metropolitan Archbishop of Accra, Most Rev. John Bonnaventure Kwofie CSSp, the Superior General of the entire congregation of the Handmaids of th Divine

Redeemer cordially invites parishioners to the

Silver Jubilee Celebration of vows of

Sr. Mary Ruth Iphigenia Afful, HDR | Sr. Mary Margaret Rose Baah, HDR | Sr. Gertrude Lucy Kwaku, HDR | Sr. Mary Paulina Osei, HDR | Sr. Mary Diana Gyemfuah, HDR

and the Ruby Jubilee Celebration of vows of

Sr. Mary Rita Teye, HDR | Sr. Veronica Amponsah, HDR | Sr. Cecilia Appiah, HDR

on

Wed. 25th March 2020 | 9:30 a.m at Mary Mother of Good Counsel Church

FUNERAL ANNOUNCEMENTS/ARRANGEMENTS

The funeral arrangements of the late **Mr. Lawrence Quarshie**, husband of Mrs. Leonie Quarshie, both parishioners are as follows:

Thursday, 5h March 2020: Filing Past and Burial Mass at Christ the King Catholic Church, Cantonments from 7:15am. Burial will take place at Gethsemane Memorial Garden (Shiashi).

The death is reported of **Ms. Liesel Wilson**, daughter of Mrs. Elizabeth Wilson, a parishioner. Funeral arrangements will be announced later.

The funeral arrangements of the late **Mr. Paul Kwabla Banahene** are as follows:

Fri. 6th March 2020: Requiem Mass at Christ the King, Accra at 6.30am

Sat. 7th March 2020: Burial Mass at St. Joseph the Worker Catholic Church, Vume, Volta region.

Sun. 8th March 2020: Thanksgiving Mass at St. Joseph the Worker Catholic Church, Vume, Volta region.