



Christ The King Catholic Church | P.O.Box CT 2110 Cantonments-Accra, Ghana

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CTK School 233-302785200

## CHRIST THE KING CHURCH THEME FOR THE YEAR

LET US REJOICE, FOR NOW IS THE ACCEPTABLE YEAR OF THE LORD - cf Is 61.2

### OFFICE HOURS

**Weekdays**  
8:00am-5:00pm

**Saturdays**  
8:00am-12:00pm

**Sundays**  
8:00am-2:00pm

### MASS SCHEDULE

#### CHRIST THE KING CATHOLIC CHURCH

#### SUNDAYS

6:30am, 8:00am, 10:30am, 6:00pm

Youth Mass : 8.00am

#### WEEKDAY SCHEDULE

Daily: 6:30am & 12:15pm;

Tues: 6:30am, 12:15pm & 6:30pm

### GROTTO DEVOTIONS

Every 1st Saturday of the Month  
at 4:00pm

### HOLY HOUR & MASS

Thursday preceding the 1st Friday  
& 1st Friday 6:00pm

### CONFESSION

Saturdays : - After Morning Mass  
- 5:00pm - 7:00pm at Confession  
Room at Adoration Chapel

## POPE FRANCIS' MESSAGE FOR LENT FOR 2020

"We implore you on behalf of Christ, be reconciled to God"  
- (2 Cor 5:20)

Dear Brothers and Sisters,

This year the Lord grants us, once again, a favourable time to prepare to celebrate with renewed hearts the great mystery of the death and resurrection of Jesus, the cornerstone of our personal and communal Christian life. We must continually return to this mystery in mind and heart, for it will continue to grow within us in the measure that we are open to its spiritual power and respond with freedom and generosity.

## 1. THE PASCHAL MYSTERY AS THE BASIS OF CONVERSION

Christian joy flows from listening to, and accepting, the Good News of the death and resurrection of Jesus. This kerygma sums up the mystery of a love "so real, so true, so concrete, that it invites us to a relationship of openness and fruitful dialogue" (Christus Vivit, 117). Whoever believes this message rejects the lie that our life is ours to do with as we will. Rather, life is born of the love of God our Father, from his desire to grant us life in abundance (cf. Jn 10:10). If we listen instead to the tempting voice of the "father of lies" (Jn 8:44), we risk sinking into the abyss of absurdity, and experiencing hell here on earth, as all too many tragic events in the personal and collective human experience sadly bear witness.

In this Lent of 2020, I would like to share with every Christian what I wrote to young people in the Apostolic Exhortation Christus Vivit: "Keep your eyes fixed on the outstretched arms of Christ crucified, let yourself be saved over and over again. And when you go to confess your sins, believe firmly in his mercy which frees you of your guilt. Contemplate his blood poured out with such great love, and let yourself be cleansed by it. In this way, you can be reborn ever anew" (No. 123). Jesus' Pasch is not a past event; rather, through the power of the Holy Spirit it is ever present, enabling us to see and touch with faith the flesh of Christ in those who suffer.

to be continued...

**ibis STYLES**  
Your Family HOLIDAY STARTS HERE  
GH¢599.00 Per Couple

Family holidays make for unforgettable memories and designed with your little ones in mind @ Ibis Styles Accra Airport City. Our package includes:

- Goodie bag for each child.
- Fun activities such as facial painting, craft, artwork etc.
- Special breakfast offers.
- Our very own Kids' Corner for one hour.
- 50% off the second room.

Offer code: SOOPY

OFFER VALID ONLY ON WEEKENDS FROM: 9.01.2020 - 8.03.2020

Subject to availability. Non-Commissionable rate. The rate is inclusive of buffet breakfast, internet, Tax (VAT) 12.5%, GETFund 2.5%, NHR 2.5% and 1% Tourism Levy and airport shuttle transfers. For more information please contact us on: +233 (0) 577 505 300

Terms & conditions apply.

**HEALTHY LIVING fair**

PROMOTING NATURAL PRODUCTS & SERVICES

**COME FOR NATURAL PRODUCTS**

- \*Local Rice
- \*Natural spices
- \*Palm oil
- \*Coconut Oil
- \*Greek Yoghurt
- \*Tofu
- \*Cottage Cheese Sheabutter + oil
- \*Cocoa Butter + Oil
- \*Natural Creams & Soaps
- \*Herbal Teas
- \*Nutritional supplements
- \*Honey products
- \*Healthily cooked foods
- \*Total Body Massage

**EYE EXAMINATION EXERCISE**

Marriset Vision Care will be at the church premises (Parish Hall) on 1st & 8th March, 2020 for eye examination exercise. All types of designer frames and modern lenses are available at a very highly subsidised prices. call 0243579621 / 0208129286

**MURIEL SHITO**  
For bulk purchasing  
CALL:  
0244643375  
0208215700

**AliDrink**  
JUST-WILL GROUP OF COMPANIES

**Asaana Aliha**

Delicious local drink

Locate our Stand at the ongoing Healthy Living Fair at CTK Fatuma Gardens

Bulk Purchase For Funerals, Parties Etc...  
Contact Us On, 0244578528 & 0201320132

Location: Tema Community One Site 4, H/No 1/11

TASTE BETTER WHEN CHILLED

**A FIRM IN LABONE IS LOOKING FOR AN EXPERIENCED DRIVER**  
CALL: 0302774112 / 0302767609

**HOUSE NEEDED FOR RENT**  
A parishioner is looking for a 2 bedroom living accommodation including Boys Quarters in and around Labone, Nyaniba, South La, Kanda, & Dzorwulu.  
NO AGENTS PLEASE  
Call: 0243958331

**LAND FOR SALE**  
0.16 acres land with a scale of 1:2500 located at Plot No. 62, Nsakena Peace Village, Accra.  
Call: Kingsley A. Bediako  
0504192416 / 0579231900

**DRIVER WANTED URGENTLY**  
CALL:  
024 438 4169



**THE SEASON OF LENT**

At the beginning of Lent, which represents an intense path of spiritual training, the liturgy proposes three penitential practices that are precious to the biblical and Christian tradition — prayer, almsgiving, and fasting — in order to prepare oneself to celebrate Easter more properly and thus to have the experience of the power of God who "triumphs over evil, washes away our sins, restores innocence to sinners, joy to the afflicted, extinguishes hatred, brings us peace and humbles the proud in the world" (Easter Proclamation). Lent recalls to us the forty days of fasting that the Lord underwent in the desert, prior to commencing his public mission. The Holy Scriptures and the entire Christian tradition teach that fasting is a great help to avoid sin and everything that leads to it. That is why, in the history of salvation, the invitation to fast recurs time after time. The faithful practice of fasting contributes to the unification of the human person, body and soul, by helping one to avoid sin and to grow in intimacy with the Lord

**ASH WEDNESDAY**

According to the pontifical tradition, the Mass for Ash Wednesday is celebrated in the Basilica of St. Anselm on the Aventine. This day is considered the liturgical gateway into Lent. The appeal for conversion emerges as a dominant theme in every component of today's liturgy. Already in the entrance antiphon, it states that the Lord overlooks and forgives the sins of those who repent; in the Collect, Christian people are invited to pray so that each one may undertake a "journey of true conversion." In the First Reading, the prophet Joel urges us to return to the Father "with your whole heart, with fasting, with weeping, and with mourning. . . . For he is gracious and merciful, slow to anger, rich in kindness, and relenting in punishment" (2:12-13). God's promise is clear: if the people will

listen to the invitation to conversion, God will make his mercy triumph and his friends will be showered with countless favors. With the Responsorial Psalm, the liturgical assembly makes the invocations of Psalm 51[50] its own, asking the Lord to create within us "a clean heart" and to renew in us "a right spirit." Next is the Gospel passage in which Jesus warns us against the canker of vanity that leads to ostentation and hypocrisy, to superficiality and self-satisfaction, and reasserts the need to foster uprightness of heart. At the same time, he shows us the means to grow in this purity of intention: by cultivating intimacy with the heavenly Father..

**PARISH LENTEN RETREAT**

Wednesday, 11th - Fri. 13th March, 2020  
6:00 pm Each Day  
Retreat Master: Rev. Fr. Nimorious Domazing, SMA

## 1ST SUNDAY OF LENT, YEAR A

### COMMENTARY ON READINGS

**First Reading:** This reading tells us about the temptation and fall of our First Parents; it is about the sin of disobedience by the human race, and about the reality of temptation and sin in our own lives. (Genesis: 2:7-9, 3:1-7)

#### RESPONSORIAL PSALM (Ps. 51)

“Be merciful, O Lord, for we have sinned.”

Have mercy on me, O God, in your goodness; in the greatness of your compassion wipe out my offense. Thoroughly wash me from my guilt and of my sin cleanse me. **Res.**

For I acknowledge my offense, and my sin is before me always: “Against you only have I sinned, and done what is evil in your sight.” **Res.**

A clean heart create for me, O God, and a steadfast spirit renew within me. Cast me not out from your presence, and your Holy Spirit take not from me. **Res.**

Give me back the joy of your salvation, and a willing spirit sustain in me. O Lord, open my lips, and my mouth shall proclaim your praise. **Res.**

**Second Reading:** Adam began a history of fallen humanity marked by disobedience and evil, sin and death. Jesus began a new history of humanity marked by obedience, forgiveness of sins and life everlasting. (Roman 5:12-19)

**Gospel:** Satan's temptation is rejected when Jesus refuses to use spiritual power given Him to satisfy his own needs instead of obeying God; He also refuses to do spectacular deeds to impress people or to desire supreme political world power for himself rather than serve the All Powerful God. (Matthew 4:1-11)

### WEEKDAY READINGS & MEMORIALS 1ST SUNDAY OF LENT, YEAR A

Monday	St. Charles the Good Lev 19:1-2, 11-18/Ps 19/Mt 25:31-46
Tuesday	St. Katherine Drexel Is 55:10-11/Ps 34/Mt 6:7-15
Wednesday	St. Casimir Jon 3:1-10/Ps 51/Lk 11:29-32
Thursday	St. John Joseph of the Cross Est C: 12:14-16, 23-25/Ps 138/Mt 7:7-12
Friday	Independence Day of Ghana Ez 18:21-28/Ps 130/Mt 5:20-26
Saturday	Ss. Perpetua/Felicity Dt 26:16-19/Ps 119/Mt 5:43-48



NEXT SUNDAY'S READINGS  
2ND SUNDAY OF LENT, YEAR A  
Gn 12:1-4a/Ps 33/2 Tim 1:8b-10/  
Mt 17:1-9

## ROSTER FOR BIDDING PRAYERS / 2ND COLLECTIONS

### BIDDING PRAYERS & OFFERTORY

#### 1st March 2020

6:30am	Grandparent Assoc.
8:00am	Sacred Heart Conf.
10:30am	Christian Mothers
6:00pm	Lectors
Youth	Youth Lectors

#### 8th March 2020

6:30am	Padre Pio
8:00am	Yefri Tete Kroye Kuo
10:30am	St. Andrew Dagaaba Union
6:00pm	Catechist
Youth	CYO

#### 15th March 2020

6:30am	St. Cecilia Choir
8:00am	St. Anthony's Guild
10:30am	Marian Choir
6:00pm	Y.C.W
Youth	KNOLTA

### SECOND COLLECTIONS

1st March 2020	- Thanksgiving
8th March 2020	- Vitus Dery
15th March 2020	- Men vs Women
22nd March 2020	- Communication (Arch)
29th March 2020	- Poor and Needy

## MARRIAGE CORNER

### MARRIAGE BANNS

1. Kwame Osei Agyeman-Duah & Godfreyda Efua Nyame (3)
2. Isaac Klutse Mudor & Rosemary Tsikudo (2)

## SOCIETAL CALL FOR MEMBERSHIP

### KNIGHTS AND LADIES OF ST. JOHN INT.

As part of their membership expansion drive, the Knights and Ladies Auxiliary of St. John of CTK Parish wishes to invite interested parishioners who are Communicants to apply for membership. For more information, call 0244760650 | 0249341650 | 0243442066

### MARIAN CHOIR

Are you looking for something to do in the Church? Then come join the MARIAN CHOIR and let's celebrate our SILVER JUBILEE together and make HISTORY. You are warmly welcome.

Marian! Sing to Her Glory

## STATIONS OF THE CROSS ROSTER

### 6:00PM EACH DAY

#### WEEK 2 : 6TH MARCH 2020

Stations 1 - 4	Parish Youth Council
Stations 5 - 9	Catholic Youth organisation
Stations 10 - 14	Young Christian Workers Movement
Songs led by	Angelic Choir

## MEETINGS

### AFTER 8.00AM MASS TODAY

- \*Parish Youth Council
- \*Sacred Heart Confraternity
- \*Tarcisians
- \*Justice and Peace Committee

### MEETINGS DURING THE WEEK

\*PPC Executives, on Wednesday, 4th March, 2020 at 6.00pm at the Parish Office.

### MEETINGS NEXT WEEK, 8TH MARCH, 2020

- \*Catholic Men Association
- \*Christian Mothers Association
- \*Kassena Nankana
- \*Teshie Nungua
- \*St. Michael Ewe Union - Executives

## HEALTHY LIVING FAIR

A fair aimed at encouraging and promoting natural healthy life.

**TODAY @ FATIMA GARDENS**  
(Near the Parish Hall)

## LENTEN CONFESSIONS COMES OFF 24TH MARCH, 2020

### INVITATION TO PARTICIPATE IN INTERNATIONAL EUCHARISTIC CONGRESS 2020

The Department of Pastoral Ministry & Evangelisation of the National Catholic Secretariat invites interested participants to the International Eucharistic Congress 2020 (IEC2020) scheduled for 13th - 20th September 2020 in Budapest, Hungary. The IEC 2020 is themed “All my springs are in you” - Psalm 87:7.

The price packages for the trip is as follows:

Early Bird	= USD2,700.00 (till 31st March 2020)
Standard	= USD3,000.00 (till 30th June 2020)
Later - Comer	= USD3,500.00 (till 31st July 2020)

Interested Catholics may request for a Registration Form by sending a mail to gcbc2017nec@gmail.com upon payment of a non-refundable fee of GH¢100.00 to the MTN Mobile number: 0547864012 (Sr. Juliana Omudu).

For further enquiries, kindly call 0547864012 / 0504229911 / 0208921654.

### ACIES! ACIES! ACIES!!

### LEGION OF MARY

Legion of Mary invites parishioners especially Marian Devotees to the Holy Spirit Cathedral on 22nd March 2020 at 2:00pm to renew our promise to God and Mother Mary. Come and experience this spirit filled service.

## UPCOMING PROGRAMMES

### 21st March 2020

Seminar for all Lectors at the Catholic Institute of Business and Technology (CIBT)

### 27th - 28th March 2020

World Youth Day Celebration

## THE TUESDAY TEACHING CORNER

### TOPIC FOR NEXT SESSION

# “UNDERSTANDING THE SPIRITUALITY OF LENT”

Tues. 3rd March 2020 | 6.30pm  
Christ the King Catholic Church, Cantonments

## SILVER AND RUBY JUBILEE CELEBRATION - HDR

The Metropolitan Archbishop of Accra, Most Rev. John Bonnaventure Kwofie CSSp, the Superior General of the entire congregation of the Handmaids of the Divine Redeemer cordially invites parishioners to the **Silver Jubilee Celebration of vows of** Sr. Mary Ruth Iphigenia Afful, HDR | Sr. Mary Margaret Rose Baah, HDR | Sr. Gertrude Lucy Kwaku, HDR | Sr. Mary Paulina Osei, HDR | Sr. Mary Diana Gyemfua, HDR

**and the Ruby Jubilee Celebration of vows of** Sr. Mary Rita Teye, HDR | Sr. Veronica Amponsah, HDR | Sr. Cecilia Appiah, HDR

on  
Wed. 25th March 2020 | 9:30 a.m  
at Mary Mother of Good Counsel Church

## FUNERAL ANNOUNCEMENTS/ARRANGEMENTS

The funeral arrangements of the late **Mr. Lawrence Quarshie**, husband of Mrs. Leonie Quarshie, both parishioners are as follows:

**Thursday, 5th March 2020:** Filing Past and Burial Mass at Christ the King Catholic Church, Cantonments from 7:15am. Burial will take place at Gethsemane Memorial Garden (Shiashi).

The death is reported of **Ms. Liesel Wilson**, daughter of Mrs. Elizabeth Wilson, a parishioner. Funeral arrangements will be announced later.

The funeral arrangements of the late **Mr. Paul Kwabla Banahene** are as follows:

**Fri. 6th March 2020:** Requiem Mass at Christ the King, Accra at 6.30am

**Sat. 7th March 2020:** Burial Mass at St. Joseph the Worker Catholic Church, Vume, Volta region.

**Sun. 8th March 2020:** Thanksgiving Mass at St. Joseph the Worker Catholic Church, Vume, Volta region.