

OFFICE HOURS Weekdays 8:00am-5:00pm

<u>Saturdays</u> 8:00am-12:00pm <u>Sundays</u> 8:00am-2:00pm  <u>SUSPENSION OF USED CLOTHING RECEIPTS</u> – The Parish has suspended receipt of used clothing as part of efforts to fight the spread of the Corona Virus. We will duly inform you appropriately when we commence again. God bless you.

# PRAYER FOR AN END TO CORONAVIRUS OUTBREAK

Almighty and merciful Father, who shows your love to all creation, we come before you asking for a quick control of the Coronavirus currently ravaging our world. Hear graciously the prayers we make for those affected by the virus in various parts of the world.

Grant healing to the sick, eternal life to the dead and consolation to the bereaved families. We pray that an effective medicine to combat the sickness be speedily found.

We pray for the relevant Governments and Health Authorities that they take appropriate steps for the good of the people. Look upon us in your mercy and forgive us our failings. We ask this through Jesus Christ our Lord. Amen

And whoever gives only a cup of **cold water** to one of these little ones to drink because the **little one is a disciple** –

> amen, I say to you, he will surely not lose his reward.

## 13TH SUNDAY IN ORD. TIME, YEAR A COMMENTARY ON READINGS

First Reading: An influential childless couple provides food and shelter for Elisha whenever he journeyed through their town. The prophet was grateful for their generosity and so he, in turn, foretold the birth of a son to them in the following year. (2 Kings 4:8-11,14-16)

# RESPONSORIAL PSALM (Ps 89)

**"For ever I will sing the goodness of the Lord."** The promises of the LORD I will sing forever, through all generations my mouth shall proclaim your faithfulness. For you have said, "My kindness is established forever;"

in heaven you have confirmed your faithfulness. Res

Blessed the people who know the joyful shout; in the light of your countenance, O LORD, they walk. At your name they rejoice all the day, and through your justice they are exalted. **Res** 

You are the splendor of their strength, and by your favor our horn is exalted. For to the LORD belongs our shield, and the Holy One of Israel, our king. **Res** 

**Second Reading:** When we were baptized we died with Christ and just as Christ was raised from the dead, so too are we now alive in Christ but dead to sin, which should no more have any attraction for us. (Romans 6:3-4, 8-11)

**Gospel :** The first part of today's Gospel teaches and demands total dedication to our calling as Christ's followers. In the second part, Christ expects His missionaries to be accepted and be well treated.. (Matthew 10: 37-42)

#### WEEKDAY READINGS & MEMORIALS 13TH WEEK IN ORDINARY, YEAR A

Monday	<b>Ss. PETER AND PAUL</b> Acts 12:1-11 /Ps 34/2 Tim 4:6-8. 17-18
	Mt 16:13-19
Tuesday	First Martyrs of the Church of Rome
2	Am 3:1-8; 4:11-12/Ps 5/Mt 8:23-27
Wednesday	St. Gall
	Am 5:14-15, 21-24 /Ps 50/Mt 8:28-34
Thursday	St. Processius & Martinian
	Am 7:10-17/Ps 19/ Mt 9:1-8
Friday	St. Thomas, Apostle
	Eph 2:19-22/Ps 117/Jn 20:24-29
Saturday	<b>St. Elizabeth of Portugal/BVM</b> Am 9:11-15/Ps 85/Mt 9:14-17

NEXT SUNDAY'S READINGS 14TH SUNDAY IN ORD. TIME, YEAR A Zec 9:9-10/Ps 145/Rom 8:9, 11-13/ Mt 11:25-30

### REFLECTION

Today's Gospel is the conclusion of the instructions and consolations that we have heard Jesus offering to his disciples during the past few weeks. In this passage, Jesus summarizes both the costs of discipleship and its rewards. Once again our understanding of the Gospel is strengthened by considering the context in which it was written and the perspective of Matthew's audience.

The conditions of discipleship outlined in Matthew's Gospel may appear harsh. Yet they underline for us a truth—choosing anything with one's whole heart has consequences. Choosing life with Christ means that every relationship we have must be understood from a new perspective. For many in Matthew's community, this choice brought division to their family.

Matthew also outlines the reward of hospitality offered to Jesus' followers. In today's Gospel, Jesus explains the difficulties of discipleship, yet reveals that those who welcome the disciples have also welcomed him.

Today's Gospel also highlights for us the importance of hospitality in the Christian life. To welcome another in Jesus' name is to extend hospitality to Jesus himself. We have many opportunities in our daily life to reach out to others, to be a welcoming presence and a sign of God's love.

#### FAMILY CONNECTION

One can tell a lot about a family by the way they welcome others into their home. Despite parental efforts to elicit the best behavior from their children, family efforts to entertain guests are sometimes difficult. Practicing a spirit of Christian hospitality within the family can be an occasion to reflect upon the importance of this virtue. A family spirit of hospitality is a sign of faith.

When your family gathers, ask each person to consider the following questions about manners: What does it mean to be a good guest? What does it mean to be a good guest? Invite each person to share their thoughts and experiences about being a guest or a host. When they have finished, read aloud today's Gospel, Matthew 10:37-42.

Ask family members to describe what Jesus says about hospitality extended to his disciples. (Those who receive Jesus' disciples also receive Jesus himself; hospitality to Jesus' disciples will be rewarded.) Then encourage family members to talk about what it means to be a good guest or a good host.

You might also talk about ways in which your family's hospitality might be improved upon. Conclude in prayer together that your family grows to be one in which Christian hospitality is experienced by all. Pray together the Lord's Prayer or today's Psalm.

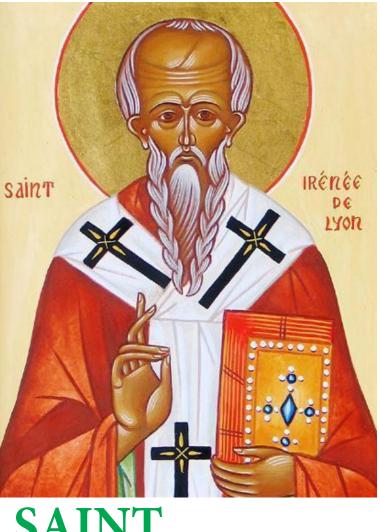
# SAINT OF THE WEEK

Irenaeus was a Greek who was born between the years 120 and 140. He had the great privilege of being taught by St. Polycarp, who had been a disciple of St. John the Apostle. Irenaeus once told a friend: "I listened to St. Polycarp's instructions very carefully. I wrote down his actions and his words, not on paper, but on my heart."

After he became a priest, Irenaeus was sent to the French city of Lyons. It was in this city that the bishop, St. Pothinius, was martyred along with a great many other saints. Irenaeus was not martyred at that time because he had left the city to do an errand. His brother priests had asked him to take an important message from them to the pope in Rome. In that letter they spoke of Irenaeus as a man full of zeal for the faith. After reading that letter, the pope made Irenaeus a bishop and sent him back to Lyons.

When Irenaeus returned to Lyons, the persecution was over. But there was another danger—a false religion called Gnosticism was spreading. This false religion attracted some people by its promise to teach them secret mysteries. Irenaeus studied all its teachings and then wrote a five-volume work to explain their errors.

He wrote with respect, because he wanted to win people to Jesus. However, sometimes he had to use strong words, too. Many people read Irenaeus' important writings. Before long, the



# SAINT IRENAEUS

false religion began to die out. St. Irenaeus died around the year 202. Many believe he was martyred.

St. Irenaeus always remembered what he had been taught by St. Polycarp. Let's try to form the habit of being grateful to all those who have taught us many good things: our parents or guardians, our priests and teachers. Let's pray for them and try to put all that we've learned into practice.



# **TUESDAY TEACHING CORNER**

# LITURGICAL GESTURES

### **INTRODUCTION**

Liturgical gestures are very crucial. Gestures convey in depth meaning which enriches our faith. During liturgical celebrations both the clergy and the faithful have some gestures proper to them. Our focus in this write-up is the gestures proper to the priest. I must state that the rubrics in the Roman Missal clearly tells what gesture is appropriate at what particular time

#### **KISSING**

The first instance of kissing is at the altar at the beginning of the Mass. Kissing the altar is an act of veneration. Like the cross on Calvary, where the Bible says that Jesus Christ sacrificed his life and was crucified, the altar is considered a place of sacrifice. In kissing the altar, the priest symbolizes the bond between Christ and his church; acknowledges the sacrifices of those martyrs (relics) who gave their life for the furtherance of the faith; and, when performed with the deacon, is an extension of peace to the community.

The second instance of kissing is the kissing of the Book of the Gospels after reading from it.

The final kiss is also given at the altar to venerate the table as a symbol of Christ, as well as being the place where the faithful offer their bodies as a "living sacrifice."

#### THE SIGN OF THE CROSS

The sign of the cross is a reminder of our Saviour Jesus Christ, and how he died for us on the wood of the cross. It is one of the principal gestures of Christian worship tracing the cross on our body by touching our head, abdomen, left and right shoulder signifies our salvation through Christ's sacrifice on the cross, a reminder of our baptism, and of our commitment to Christ. It is also a sign of our worship of the triune God, Father, Son and Holy Spirit.

#### LIFTING AND EXTENDING OF HANDS

The priest greets the assembly with extended hands. The priest greets the faithful in words similar in 2 Cor 13:14; 1 Cor 1:3; Ruth 2:4. The words used by the priest for the greeting reminds us of the peace that comes from God. The extended hands remind us of the post resurrection events. After Jesus had said words of peace to the Apostles, he showed them the wounds in his hand.

The priest also extends the arms at the Collects and during the whole of the Canon but only the breadth of the chest: in such wise that the palms of the hands face each other. The fingers are joined together, and their tips INCENSING

their breadth, and this must be observed whenever the hands are to be spread ante pectus. In taking up this attitude the priest shows forth in his person our Lord upon the Cross.

#### THE JOINING OF THE HANDS

The joining of the hands is an expression of humble submission to the will of God and of our readiness to accept at His hands whatever chastisement it may please Him to lay upon us. The joining of the hands is a beautiful and most eloquent gesture of supplication. There are two basic ways of doing this: with the fingers interlocked - or with the fingers straight, palm to palm. The former way of folding the hands is proper to the priest.

#### STRIKING OF THE BREAST DURING **CONFITEOR**

In the ancient world, striking of the breast was a sign of mourning. (Luke 23: 48; 18: 13). In Ghana however, some priests prefer using the hands in the form of plea or begging for mercy. In some traditions striking the breast is a sign of pride or authority.

#### WASHING OF HANDS

The washing of hands is a reminder of the Passion of our Lord and the act of Pontius Pilate before the crowd, but is more of an act of ritualizing the prayer of Psalm 51 that the priest says silently (Ps 51:2)

#### **GENUFLECTING**

Genuflection is an act of adoration reserved to God alone. Thus the priest genuflects to the Blessed Sacrament.

#### **KNEELING**

Kneeling during prayer is a sign of adoration, repentance and submission. The priest kneels before the Blessed Sacrament during adoration Benediction.

#### BOWING

To bow is a sign of reverence for persons and things. In Mass the Priest will bow when he comes to the altar at the beginning of Mass (unless the Tabernacle is in the sanctuary, in which case he will make a genuflection in honour of the Presence of Christ.) At other times during Mass the Priest will bow during the Nicene Creed when mention is made of the incarnation (when the Holy Spirit came upon the Blessed Virgin Mary and she conceived Jesus); and during the Preparation of the Gifts when he says a quiet prayer.

must not reach higher than the shoulders nor exceed At some Masses the Priest will use incense. At the beginning

of the Mass he will swing the thurible around the altar as THE CONSECRATION a sign of reverence for the Table of Sacrifice. The priest will incense the Gospel Book as a sign of reverence for the Gospel to be proclaimed. At the Preparation of the Offerings, the Priest will incense the bread and wine and altar before the Eucharistic Prayer.

#### **SPRINKLING WITH HOLY WATER**

Sometimes at Mass (and especially during Easter Time) the Priest might sprinkle the assembly with Holy Water as a reminder of baptism as part of the Introductory Rites.

## VITUS DERY EDUCATION FUND (VDEF)

#### **INVITATION TO APPLY FOR VDEF SCHOLARSHIP**

The Parish Priest of Christ the King Catholic Church wishes to announce to Parishioners that applications are being invited from eligible candidates for Vitus Dery Educational Fund (VDEF) scholarship awards.

### ELIGIBILITY

The applicant must be:

1.An active parishioner of Christ the King Catholic Church with minimum of six (6) months registration with the Parish

2.Not more than 26 years' old

3. Must show proof of support or contribution to the development of the parish or a society within the parish.

4. Must have gained admission to an educational institution within any of the categories below: a.Public Primary

b.Public Junior High School (JHS)

c.Public Senior High School (SHS)

d.Public Vocational and, or Technical School

e.Public Tertiary Institution

f.Catholic Tertiary Institution

As the Priest continues the Eucharistic Prayer he raises the bread, and says: "Take this, all of you...and likewise the wine. The actions of the Priest help us to understand that the bread and wine have changed, or been consecrated, to become the Body and Blood of Jesus."

#### HOW TO APPLY

\*Submit an Application Letter

\*Fill a VDEF application form and attach

o Proof of admission and

o Previous Performance Report(s) or Transcript

\*Application with all the supporting documents must be deposited at the Parish Office of Christ the King Church addressed as follows:

The Parish Priest Attn.: VDEF Educational Board Christ the King Catholic Church Accra

#### DEADLINE

Deadline for submission of applications is 31st July, 2020.

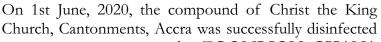
#### Please Take Note

The Board shall exercise its discretion in the selection of beneficiaries. The Fund shall support not more than two beneficiaries from a family. Assistance will not be offered for those applying to private educational institutions. Thank you.

#### **PUBLICATION OF MARRIAGE BANN**

1. Papa Kwaku O. Agyeman Osei & Beatrice B. Amakye Anim (3)

- 2. Michael Offei Thompson & Elain Korkor Ababio (2)
- 3. Festus Worlanyo Tepe-Mensah & Alice Anna A. Adjoumani (2





### by **ZOOMLION GHANA** LTD.

The exercise successfully took place as part of measures to make the church premises safer in the fight against the Corona Virus Pandemic.

Attached is a picture the certificate of disinfection