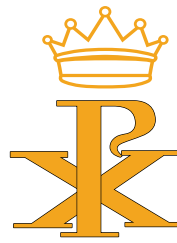


# Weekly



# Bulletin

Year 25, No. 11

SUNDAY, 14TH JUNE, 2020

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## CHRIST THE KING CHURCH THEME FOR THE YEAR

**LET US REJOICE, FOR NOW IS THE ACCEPTABLE YEAR OF THE LORD - cf Is 61.2**

### OFFICE HOURS

Weekdays

8:00am-4:00pm

Saturdays

8:00am-12:00pm

Sundays

Closed

## SUSPENSION OF USED CLOTHING

The Parish has suspended receiving of use clothing as part of effort to fight the spread of the Corona Virus. We will duly inform you appropriately when we open up to it.

God bless you

## PRAYER FOR AN END TO CORONAVIRUS OUTBREAK

Almighty and merciful Father, who shows your love to all creation, we come before you asking for a quick control of the Coronavirus currently ravaging our world. Hear graciously the prayers we make for those affected by the virus in various parts of the world.

Grant healing to the sick, eternal life to the dead and consolation to the bereaved families. We pray that an effective medicine to combat the sickness be speedily found.

We pray for the relevant Governments and Health Authorities that they take appropriate steps for the good of the people. Look upon us in your mercy and forgive us our failings. We ask this through Jesus Christ our Lord. Amen

## SOLEMNITY OF THE MOST HOLY BODY AND BLOOD OF CHRIST

"FOR MY FLESH IS TRUE FOOD,  
AND MY BLOOD IS TRUE DRINK."



## SOLEMNITY OF CORPUS CHRISTI, YEAR A

### COMMENTARY ON READINGS

**First Reading:** God kept the people of Israel alive in the desert by giving them food from heaven. Yet, Moses reminded them that meaningful life did not consist of having material goods alone, but more importantly, upon obedience to the Word of God. **(Deuteronomy 8:2-3, 14-16)**

#### RESPONSORIAL PSALM (Ps 147) “O Jerusalem, glorify the Lord!”

Blessed are you, O Lord, the God of our fathers, praiseworthy and exalted above all forever; And blessed is your holy and glorious name, praiseworthy and exalted above all for all ages. **Res**

Blessed are you in the temple of your holy glory, praiseworthy and glorious above all forever. **Res**

Blessed are you on the throne of your kingdom, praiseworthy and exalted above all forever. **Res**

Blessed are you who look into the depths from your throne upon the cherubim, praiseworthy and exalted above all forever. **Res**

**Second Reading:** Paul teaches that partaking in communion with the Lord is a guarantee for salvation and it also means communion with fellow members of the Church. **(1 Corinthians 10:16-17)**

**Gospel:** The food and drink that God gives us in the Holy Eucharist, is the true Body and Blood of Christ that nourishes Christ's followers and guides us in this life into life everlasting. **(John 6:51-58)**

### WEEKDAY READINGS & MEMORIALS 11TH WEEK IN ORDINARY, YEAR A

<b>Monday</b>	<b>St. Germaine Cousin</b> 1 Kgs 21:1-16   Ps 5   Mt 5:38-42
<b>Tuesday</b>	<b>St. John Francis Regis</b> 1 Kgs 21:17-29   Ps 51   Mt 5:43-48
<b>Wednesday</b>	<b>St. Gregory Barbarigo</b> 2 Kgs 2:1.6-14   Ps 31   Mt 6:1-6, 16-18
<b>Thursday</b>	<b>Ss. Mark and Marcellian</b> Sir 48:1-14   Ps 97   Mt 6:7-15
<b>Friday</b>	<b>Sacred Heart of Jesus</b> Dt 7:6-11   Ps 103   1 Jn 4:7-16   Mt 11:25-30
<b>Saturday</b>	<b>Immaculate Heart of the BVM</b> 2 Chr 24:17-25   Ps 89   Lk 2:41-51

### NEXT SUNDAY'S READINGS 12TH SUNDAY IN ORDINARY TIME, YEAR A Jer 20:10-13 | Ps 69 | Rom 5:12-15 | Mt 10:26-33

## REFLECTION

This Sunday we celebrate a second solemnity during this period of Ordinary Time in the liturgical calendar. Today is the Solemnity of the Most Holy Body and Blood of Christ. This day was once called Corpus Christi, which is Latin for “Body of Christ.” In the revised Lectionary the name for this day is expanded to reflect more completely our Eucharistic theology.

Today’s Gospel is taken from the Gospel according to John. The reading is part of a discourse between Jesus and a crowd of Jews. The discourse comes shortly after the miracle of Jesus’ multiplication of the loaves and fishes. In John’s Gospel, miracles such as this are identified as “signs” through which people come to believe that Jesus is the Son of God. These signs are followed by dialogue, or discourse that interprets and explains the miracle. In John’s Gospel, Jesus’ multiplication of the loaves is said to have occurred near Passover, thus linking it to the Exodus story and God’s saving action toward the Israelites.

Having seen Jesus multiply the loaves and fishes, the crowd pursues him, perhaps seeking more food but also looking for another sign. Jesus tells the crowd that he is the bread of life. He explains that just as God gave the Israelites manna to sustain them in the desert, so now God has sent new manna that will give eternal life. It is in this context that Jesus repeats those words in today’s Gospel and tells them again that he is the living bread that came down from heaven.

Jesus’ words are not well understood by the crowd; they argue that Jesus is not from heaven but born of Mary and Joseph. The crowd also has trouble understanding how Jesus could give them his flesh to eat. Jesus tells them that when they eat his flesh and drink his blood, they will remain forever connected to him. These are difficult words, but they are important because they seek to show us our intimate connection with Jesus.

This is the mystery that is at the heart of our Eucharistic theology. In the elements of bread and wine, Jesus’ Body and Blood are truly present. When we share in the Body and Blood of Christ, Jesus himself comes to dwell within us. This communion with the Lord makes us one body, brings us eternal life, and sends us forth to be Christ’s Body in the world

### FAMILY CONNECTION

Our faith teaches us that when we gather to celebrate Mass, Jesus is present to us. The bread and wine truly become the Body and Blood of Christ. This is what we mean by the word transubstantiation: Jesus makes himself present to all who receive the Body and Blood of Christ.

If there are children in your family who have already celebrated their First Holy Communion, invite them to share their memories of this special day. If there are family photos taken on this occasion, bring them out and share them together. Adults in the family may also share memories or photos that they have of their First Communion. Then read together today’s Gospel, John 6:51–58. Reflect together on what Jesus means when he calls himself the “living bread.” Recall that every time we receive the Eucharist, Jesus keeps the promise he made in today’s Gospel—those who eat his flesh and drink his blood will remain forever connected to him. Perhaps family members can share what it means for them to receive Jesus in the Eucharist. Together thank God for this gift of Holy Communion. Pray together the Lord’s Prayer or today’s Psalm.



# SAINT OF THE WEEK

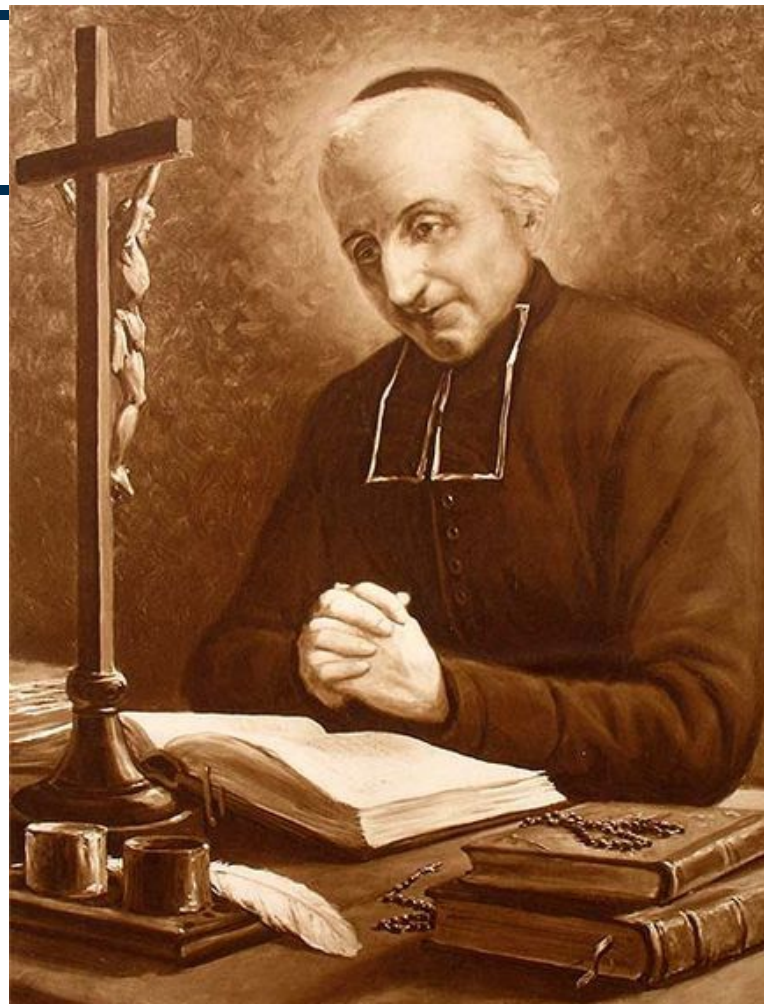
St. Andrew Fournet was born on December 6, 1752. He was from Maille, a little town near Poitiers, in France. Andrew's parents were religious people. Mrs. Fournet had her heart set on Andrew becoming a priest. The little boy heard this more often than he cared to. Once he declared, "I'm a good boy, but I'm still not going to be a priest or a monk!"

When he grew up, Andrew went to Poitiers to study philosophy and law. But that didn't last long. He was having too much of a good time to study! His mother encouraged him to find good jobs, but they fell through, one after another. Then his mother suggested that Andrew go and stay for a while with his uncle, a holy priest who was living in a poor parish. To his mother's surprise, Andrew agreed.

Andrew's uncle recognized his nephew's good qualities. And the priest's own good example sparked something in Andrew. Andrew began to feel drawn to the priesthood. He started to study seriously to make up for lost time. Andrew was eventually ordained a priest and assigned to be his uncle's assistant. In 1781, he was transferred to his home parish in Maille. His mother was so happy! Andrew had become a caring and prayerful priest.

When the French revolution began, Andrew refused to take an oath that was against the Church. He became a hunted man. In 1792, he was forced to flee to Spain. There he remained for five years. But he worried about his people and went back to France. The danger was as great as before. But Father Andrew was protected by the people. He nearly escaped death several times. Meanwhile, he heard confessions, celebrated the Eucharist, and anointed the sick and dying.

When the Church was free again, Andrew came out of hiding. He was always inviting his people to love and serve God. One of the good ladies from the area, Elizabeth Bichier des Ages (who also became a saint)



## SAINT ANDREW FOURNET

helped Father Andrew very much. Together they started an order of sisters called the Daughters of the Cross. (St. Elizabeth's feast day is August 26.)

Andrew died on May 13, 1834, at the age of eighty-two. He was proclaimed a saint by Pope Pius XI on June 4, 1933.

Let's ask St. Andrew to help us never to be afraid or ashamed to stand up for what's right.

### PUBLICATION OF MARRIAGE BANN

**Papa Kwaku Owusu Agyeman Osei**

&

**Beatrice Boatemaa Amakye Anim**

## FUNERAL ANNOUNCEMENTS

The death has been announced of **Mrs. Mildred Rita Afful**, wife of Amb. Andrew Kow Afful, both parishioners. Burial Mass will be held on Saturday, 27th June, 2020 at Christ the King Church, Cantonments followed by interment at the Gethsemane cemetery.

We regret to announce the death of **Mrs. Gladys Paulina Kudowor**. The sad event occurred on 25th May

2020. Burial Mass will be held on Saturday, 18th July, 2020. Funeral arrangements will be announced later.

The death has been announced of **Mrs. Comfort Nyaobe**, a parishioner. The sad event occurred on Saturday, 21st March, 2020 at the 37 Military Hospital. She has since been laid to rest. Funeral arrangements will be announced later.

## YOUTH LEADERSHIP

As humans we always find ourselves in one group or the other. We are born into a family and we grow up socialised into the larger society where we join other groups. All these groups have goals to attain and as such they have leaders to guide them to attain these goals. Leadership then is exercised variously at different levels both formally and informally to steer the affairs of a group to attain their desired goals.

There are many definitions of leadership but I would only highlight on two of them.

The Search Yourself Magazine, a think tank on leadership defines leadership as the art of leading others to deliberately create a result.

Kendra Coleman, a consultant at Sheppard Moscow, a firm that specializes in business transformation and employee engagement also defines Leadership as an act — a decision to take a stand, or step, in order to encourage, inspire or motivate others to move with you. What's more, the most effective leaders do not rely on their title, or positional power, to lead. Rather, their ability to use their own personal power combined with their use of strategic influence are what make them effective.

A critical look at these two definitions will make us aware that one very vital aspect of leadership is the ability to influence others to achieve the set goals of the group. This then is the substantial element in leadership and as such once this art is missing leadership will also cease to exist.

### YOUTH LEADERSHIP, WHAT IS IT??

At this point let us now narrow down to our particular topic, which is not just on any other form of leadership but youth leadership. With our understanding of leadership we can simply say that youth leadership is the ability to influence a youth group to achieve the desired goal of the group. Youth leadership is therefore exercised in the context of a youth group.

According to experts on leadership, “Youth leadership is part of the entire youth developmental process and supports the young person in developing:

(a) the ability to analyze his or her own strengths and weaknesses, set personal and vocational goals, and have the self-esteem, confidence, motivation, and abilities to carry them out including the ability to establish support networks in order to fully participate in community life and effect positive social change; and

(b) The ability to guide or direct others on a course of action, influence the opinions and behaviors of others, and serve as a role model

It is thus very necessary to note that youth leadership and any form of leadership first and foremost, starts from the leader himself. The demand therefore of youth leadership is that the one to exercise the authority of a leader must first and foremost possess a substantial amount of self-knowledge. This knowledge is very vital in exercising this duty of leadership because it helps one to know his or her strength and weaknesses and thus set target within his or her abilities to achieve. As the popular adage goes “nemo dat quod non habet”, that is, No one gives what he does not have”

### TYPES OF YOUTH LEADERSHIP

There are diverse ways of giving criteria for the typology of leadership. Different authors classify youth leadership differently depending on the point of view of the author. I would want to classify youth leadership into groups based on the following:

\* Leadership which is exercised by the fact of being officially elected or appointed. These leaders derive their power and authority from the fact that they have been legally and duly elected by the group members to exercise authority over them. The group members thus choose for themselves those whom they deem fit and are properly qualified to lead. They often have the support of the entire group since they were officially and duly elected or appointed.

\* The second one I would want to talk about are those who have not been elected or appointed as leaders but have the ability to exercise leadership by influencing the group to achieve group goals. This might be due to the special characteristics we possess, our age in the group, or due to many other factors. Infact, all members in the group can fall within this division since we are all capable



of exercising our capabilities to influence other members to achieve this goal.

Our task therefore is not just to look at the officially appointed or elected leaders but to look at both group of leaders since both are very necessary in every group to help achieve a group's goal. It should not be of surprise to us that even sometimes the official leaders are highly influenced by others to achieve the group's goal.

## THE CHARACTERISTICS OF A GOOD YOUTH LEADER

To be able to exercise leadership in the context of a youth group it is very necessary that we arm ourselves with the following qualities so as to become very effective and efficient and thus achieve our group's objectives.

**Self-Awareness:** The Leader must have an intimate knowledge of his or her inner emotional state; know his or her strengths and weaknesses. Self-awareness or knowledge includes knowledge of one's capabilities and your limitations, which allows you to push yourself to your maximum potential. Knowledge of our selves will help us as youth leaders to set our goals right otherwise all efforts will be in vain. Once we are not able to set our goals right we have failed from the onset and all other actions will fail similarly.

**Self-Direction:** You're able to direct yourself effectively and powerfully. You know how to get things done, how to organize tasks and how to avoid procrastination. You know how to generate energy for projects, to calm yourself when angered. You can make decisions quickly when necessary, but can also consider all the options on the table.

**Vision:** You're working towards a goal that's greater than yourself. It could be something small, like the success of the team, or a larger vision like world peace. Working towards a vision is far more inspiring than working towards personal gain.

**Ability to Motivate:** Leaders don't lead by telling people what they have to do neither do they do the things themselves. Instead, leaders cause people to want to help them. A key part of this is cultivating your own desire to help others. When others sense that you want to help them, they in turn want to help you.

**Social Awareness:** Understanding social networks and key influencers in that social network is another key part of leadership. Who in the organization has the most clout, both officially and unofficially? Who moves the hearts of the group?

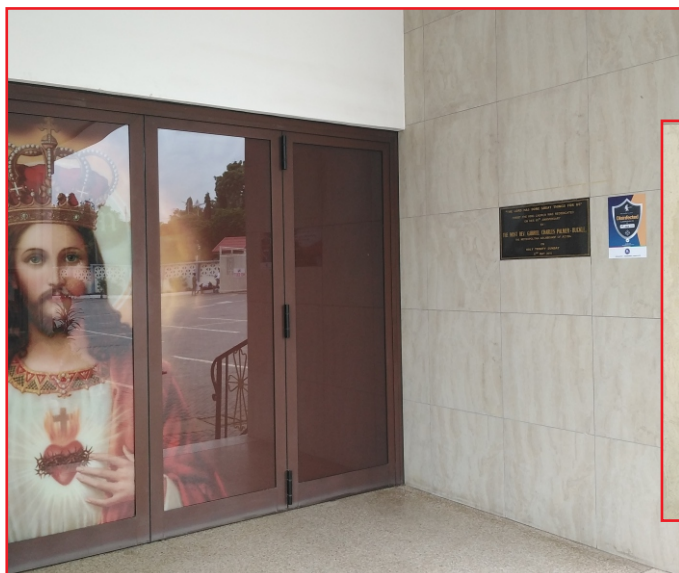
**Ability to coordinate:** One very essential function of a leader is the ability to bring to help all the people in the group who may have different personalities and thus different ways of working joined forces together to work for the good of the group and thus achieve the goals of the youth group.

These are some of the most important characteristics of good leaders.

## HOW TO EXERCISE OUR LEADERSHIP SKILLS TO HELP US ATTAIN OUR ORGANISATIONAL GOALS

It is not just enough to possess the requisite character of a leader. We have to put these characteristics to practice so as to achieve our set goals. Adair, an expert on leadership issues noted the following points as very necessary for a leader to help attain his target goals.

...to be continued



On 1st June, 2020, Christ the King Church, Cantonments, Accra compounds was successfully disinfected by **ZOOMLION GHANA LTD.**



The exercise successfully took place as part of measures to make the church premises safer in the fight against the Corona Virus Pandemic.

Attached are pictures showing the certificate of disinfection