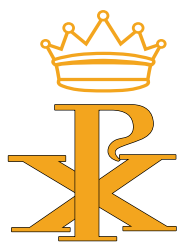


Weekly

Year 25, No. 10



FEAST OF HOLY TRINITY, YEAR A

Bulletin

SUNDAY, 7TH JUNE, 2020

Christ The King Catholic Church | P.O.Box CT 2110 Cantonments-Accra, Ghana

Tel. 233-302-775645 www.christthekingaccra.net Email: info@christthekingaccra.net

CTK School +233-302785200

CHRIST THE KING CHURCH THEME FOR THE YEAR

LET US REJOICE, FOR NOW IS THE ACCEPTABLE YEAR OF THE LORD - cf Is 61.2

OFFICE HOURS

Weekdays

8:00am-4:00pm

Saturdays

8:00am-12:00pm

Sundays

Closed

SUSPENSION OF USED CLOTHING

The Parish has suspended receiving of use clothing as part of effort to fight the spread of the Corona Virus. We will duly inform you appropriately when we open up to it.

God bless you

PRAYER FOR AN END TO CORONAVIRUS OUTBREAK

Almighty and merciful Father, who shows your love to all creation, we come before you asking for a quick control of the Coronavirus currently ravaging our world. Hear graciously the prayers we make for those affected by the virus in various parts of the world.

Grant healing to the sick, eternal life to the dead and consolation to the bereaved families. We pray that an effective medicine to combat the sickness be speedily found.

We pray for the relevant Governments and Health Authorities that they take appropriate steps for the good of the people. Look upon us in your mercy and forgive us our failings. We ask this through Jesus Christ our Lord. Amen



Celebrating the Solemnity of the Most Holy Trinity

Glory be to the Father
and to the Son and
to the Holy Spirit



FEAST HOLY TRINITY, YEAR A

COMMENTARY ON READINGS

First Reading: God forgave Israel, when Moses pleaded for their way of worshipping the golden calf. God took pity on them and revealed Himself to Moses as God of compassion, of tender mercy, graciousness and faithfulness. (**Exodus 34:4-6,8-9**)

RESPONSORIAL PSALM (Dn 3) “Glory and praise for ever”

Blessed are you, O Lord, the God of our fathers, praiseworthy and exalted above all forever; And blessed is your holy and glorious name, praiseworthy and exalted above all for all ages. **Res**

Blessed are you in the temple of your holy glory, praiseworthy and glorious above all forever. **Res**

Blessed are you on the throne of your kingdom, praiseworthy and exalted above all forever. **Res**

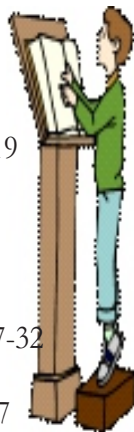
Blessed are you who look into the depths from your throne upon the cherubim, praiseworthy and exalted above all forever. **Res**

Second Reading: Paul teaches that the Most Holy Trinity; Father, Son and the Holy Spirit are related to our salvation through grace, love and the fellowship that we receive from God. (**2 Corinthians 13:11-13**)

Gospel: God sent His Son to show us the way of salvation so that whoever believes in Jesus may not perish but may have everlasting life with God. (**John 3:16-18**)

WEEKDAY READINGS & MEMORIALS 10TH WEEK IN ORDINARY, YEAR A

Monday	St. Medard 1 Kgs 17:1-6/Ps 121/Mt 5:1-12
Tuesday	St. Ephrem of Syria 1 Kgs 17:7-16 /Ps 4/Mt 5:13-16
Wednesday	St. Getulius & co 1 Kgs 18:20-39 /Ps 16/Mt 5:17-19
Thursday	St. Barnabas, apostle Acts 11:21b-26; 13:1-3/Ps 98/ Mt 5:20-26
Friday	St. John of Sahagun 1Kgs 19:9a, 11-16/Ps 27/Mt 5:27-32
Saturday	St. Anthony of Padua 1 Kgs 19:19-21/Ps 16/Mt 5:33-37



NEXT SUNDAY'S READINGS

FEAST OF BODY AND BLOOD OF CHRIST
Dt 8:2-3, 14-16/Ps 147/1 Cor 10:16-17/Jn 6:51-58

REFLECTION

This week we return to the liturgical season of Ordinary Time. This Sunday and next, however, are designated as solemnities—special days that call our attention to central mysteries of our faith. Today on Trinity Sunday we celebrate the mystery of the Holy Trinity, one God in three persons.

Today's Gospel is from the beginning of John's Gospel. The passage we read follows Jesus' conversation with a Pharisee, Nicodemus, about what it means to be born of both water and the spirit. Nicodemus approaches Jesus at night and acknowledges Jesus as a teacher from God. Jesus tells him that only those who are born from above will see the Kingdom of God. Nicodemus misunderstands and questions how a person can be born more than once. Jesus tells Nicodemus that no one can enter the Kingdom of God without being born of water and Spirit. Jesus is essentially explaining Baptism, which we celebrate as a sacrament today. Yet Nicodemus, we are told, still does not understand what Jesus is saying. Jesus continues by testifying to the need to be born from above so that one might have eternal life.

After the dialogue with Nicodemus, the author of the Gospel offers his own explanation of Jesus' words. This is what we read in today's Gospel, John 3:16-18.

In the context of today's focus on the mystery of the Holy Trinity, the reading calls our attention to the action of God, who reveals himself in three persons: God the Father, Jesus the Son, and the Holy Spirit. God the Father, out of love for the world, sent his Son into the world in order to save it. Through the death and resurrection of the Son, we have been given the gift of the Holy Spirit. As three persons, God acts always as a God of love; he does not condemn the world but acts to save it.

The Gospel also calls attention to the response that is required of us. God's love for us calls us to respond in faith by professing our belief in God's son, Jesus, and the salvation that he has won for us. This profession of faith is a sign of the work of the Holy Spirit in our lives.

FAMILY CONNECTION

Because of God's great love for us, he sent his Son, Jesus, to save the world. Jesus, in turn, sent the Holy Spirit so that our faith in God and his love would be strengthened. The nurturing experiences of family life also help us to understand and have faith in God's love.

Create a family poster together showing all the ways in which your family experiences God's great love. Use symbols, pictures, and words to show how you have seen God at work in your family life and in our history. Then read together today's Gospel, John 3:16-18. Pray together, thanking God for his gift of love. Conclude by praying the Glory Be to the Father or today's Psalm.

SAINT OF THE WEEK

Anne, the daughter of peasants, was born in Almendral, Spain, in 1549. She took care of sheep until she was twenty years old. Four miles from her hometown was Avila, the city where St. Teresa and her Carmelite nuns lived. Anne wanted to be a nun too, and St. Teresa accepted her into the monastery. Anne became a lay sister instead of a cloistered nun. This meant that Sister Anne could go out and do the errands while the other nuns who stayed home prayed.

For the last six years of her life, St. Teresa chose Sister Anne to be her traveling companion and secretary. St. Teresa went around to visit the communities of Carmelite nuns. Sometimes she started a new convent. Sometimes she helped the nuns become more enthusiastic about the wonderful life they had chosen. St. Teresa thought very highly of Sister Anne and praised her to the other nuns.

Although Sister Anne never had the chance to go to school, she knew how to read and write. She recorded her experiences with the great St. Teresa. It was Sister Anne who was with her when she died.

Sister Anne's life continued quite normally for six years after St. Teresa's death. Then the superiors decided to open a new convent in Paris, France. Five nuns were selected to go and Sister Anne was one of them. While the people of Paris were warmly greeting the nuns, Sister Anne slipped into the kitchen and prepared a meal for her hungry sisters. Eventually, four of the five nuns moved on to the Netherlands. Sister Anne remained behind in France because she had been appointed the prioress or superior. Considering herself unworthy of this office, she reminded the Lord that most of the young French women joining their community were from rich, noble families. She was only a shepherdess. Within her heart, Sister Anne heard the Lord's answer: "With straws I light my fire."



BLESSED ANNE GARCIA

Sister Anne was later sent to the Netherlands to start more new convents. She went first to Mons and then to Antwerp. The young women who came to join the Carmelites thought of Sister Anne as a saint. Sister Anne died in Antwerp in 1626. She was proclaimed "blessed" by Pope Benedict XV.

Blessed Anne liked to be in the background. She wasn't ambitious. Whenever we find ourselves wanting to be considered more important than others, we can pray to this holy nun. She will help us concentrate on pleasing God rather than impressing other people.

CORONAVIRUS PRECAUTIONARY MEASURES



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AT OLAFAS (HDR CONVENT)**

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GUIDELINES FOR WORSHIP

CHRIST THE KING PARISH

Following the announcement of the easing of restrictions by the President of the Republic on Sunday 31st May 2020 and in line with the directives of the Archbishop of Accra, the Parish has formed a COVID-19 Team which met on Tuesday, 2nd June 2020.

The following guidelines have been agreed to guide our worship beginning this Sunday 7th June 2020.

1. Sunday Mass Schedule

The Sunday Mass schedule will be as follows:

6:30 am – 7:30am

Two (2) Masses: One (1) mass in Main Chapel and One (1) mass at Grotto

8:30 am – 9:30am

Two (2) Masses: One (1) mass in Main Chapel and One (1) mass at Grotto

10:30 am – 11:30am

Two (2) Masses: One (1) mass in Main Chapel and One (1) mass at Grotto

6:00pm

One (1) Mass

2. The elderly and parishioners with high risk medical conditions such as hypertension or diabetes are advised to stay at home in the interest of their safety until further review of the pandemic situation.

Children (under 13 years) are not allowed to attend mass.

The Archbishop grants dispensation for all who in the categories above, cannot attend mass and for all whom for fear of being infected decide not to attend mass during this time.

The 8:30am mass in the Chapel will be streamed live via the Church's digital channel; Facebook (www.facebook/christthekingparishaccra)

3. All parishioners entering the parish premises by vehicle or otherwise, are required to take direction regarding parking or any movement from the security personnel on duty. The utmost cooperation of parishioners is required in this regard.

Parishioners who wish to attend the mass at the Grotto are advised to enter the Church grounds via the back gate (the gate near the football field)

4. Parishioners and visitors attending mass are advised to arrive at least fifteen (15) minutes early to complete the pre-mass hygiene and registration activities before the start of Mass.

5. All persons including priests, religious, lay ministers, protocol assistants and members of the congregation are to wear face masks for the entire duration of time they will be on the parish premises including pre-mass hand washing, registration, during the mass and until they have left the church premises.

The Parish will strictly apply a "No Face Mask No Entry" policy.

6. The entire Parish Premises has been fumigated and disinfected during the week. This will continue to be done regularly.

7. All parishioners will be required to wash hand at one of six (6) or more points to be provided at the church entrance and the entrance to the grotto. Hands will also be sanitised before entry into the Chapel or Grotto area.

8. The temperature of all persons attending mass will be taken after hand washing. Medical personnel will be assisted by members of the Parish Youth to check temperatures of attending parishioners.

All medical personnel and youth assisting in this regard will be provided with adequate Personal Protective Equipment.

If a high temperature is recorded, the affected person will be advised to seek medical immediate attention.

If before or during the mass a parishioner is taken ill, medical personnel will assist in determining whether there is a need for temporary isolation on the parish grounds before referral to a medical facility.

9. The following ten* (10) ministers will perform the various ministries at any mass

Priest – 1 No.

Mass Servers – 2 No.

Organist – 1 No.

Choristers/Cantors – 2 No.

Ushers – 3 No.

Lector – 1 No.

At the 8:30am mass in the Chapel this reserved number will be increased to thirteen (13) to accommodate three (3) members of the Communication team who will facilitate video recording and online streaming.

10. Three (3) registration points will be provided at each mass at the main Chapel and at each mass at the grotto.

The registration points are to be supervised by the Knight and Ladies of Marshall and the Knights of St John International and Ladies Auxiliary under the direction of the Parish Priest; a schedule will be drawn up to provide clarity.

Parishioners attending any mass are required to provide their name and phone number to assist in the event of contact tracing.

Parishioners will mention their details, and these will be entered by the designated Knight/Lady on duty. Parishioners will not be allowed to enter their details on their own.

A maximum of thirty (30) parishioners per point will be allowed to register per mass.

11. Inside and outside the church, religious and parishioners shall maintain social (physical) distancing keeping a minimum of one (1) metre / three (3) feet apart in all directions all the while still in face masks. This shall be maintained at all times during queueing for any event of registration, collection, communion etc.

12. The three (3) Ushers at each mass in the Chapel and at the Grotto, shall be responsible for coordinating seating and movements in such a way as to maintain the required social (physical) distancing during the mass

13. Apart from the priest and the mass-servers for whom personal vestments have been provided for, no lay minister shall wear a robe during the mass.

14. Singing shall be limited to the Entrance Hymn, Offertory, Communion and Recessional hymns or as directed by the Celebrant.

15. Any offertory gifts must be packaged appropriately as they shall be sprayed with rubbing alcohol at the

entrance to the chapel. All gifts shall be brought into the Chapel before mass and be placed on a table to be placed near the lectern.

16. Collection will take place by having the collection baskets placed in central places in front of designated aisles; attending parishioners will then come to the front in an orderly manner while maintaining the required distancing.

17. Holy Communion will be distributed by the celebrating priest, religious and extra-ordinary ministers of the Eucharist.

The priest and all others involved in distributing Holy Communion shall wash their hand thoroughly with soap under running water before commencing distribution.

Communicants will be required to queue to receive Holy Communion while maintaining appropriate social distancing.

Holy Communion shall be received in the hands only. Care shall be taken to avoid hand contact.

Ushers will spray each communicant's hand with rubbing alcohol which the communicant shall then use to sanitise his/her hands thoroughly before receiving Holy Communion.

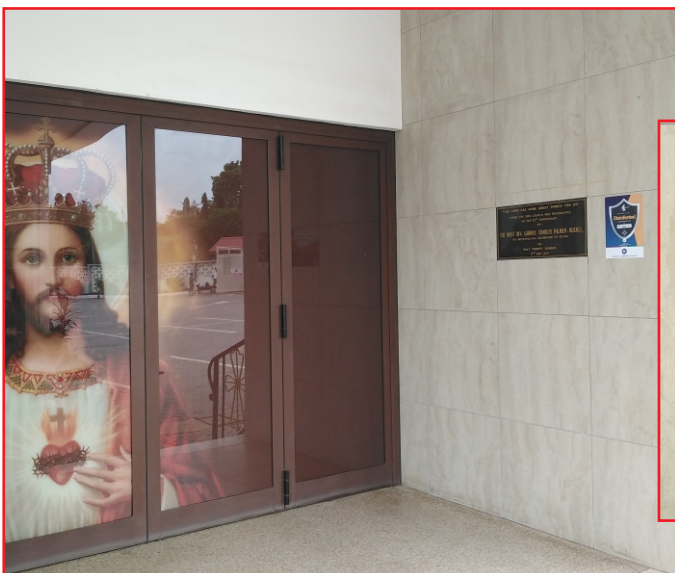
18. At the end of the mass, the lay faithful shall queue out in an orderly manner while maintaining social distancing.

Parishioners shall maintain the social distance after the service and are advised to leave quickly to enable cleaning and preparation to begin for the next mass in an hour.

19. There shall be cleaning of the pews and church during the time between consecutive masses as well as cleaning and disinfection of bathrooms during and after masses.

20. There shall be no selling of any foodstuffs on the Parish grounds after masses till further notice.

Let us all try and comply with these directives as we resume mass. Your health and safety are our outmost priority. Thank you.



On 1st June, 2020, Christ the King Church, Cantonments, Accra compounds was successfully disinfected by **ZOOMLION GHANA LTD.**



The exercise successfully took place as part of measures to make the church premises safer in the fight against the Corona Virus Pandemic.

Attached are pictures showing the certificate of disinfection