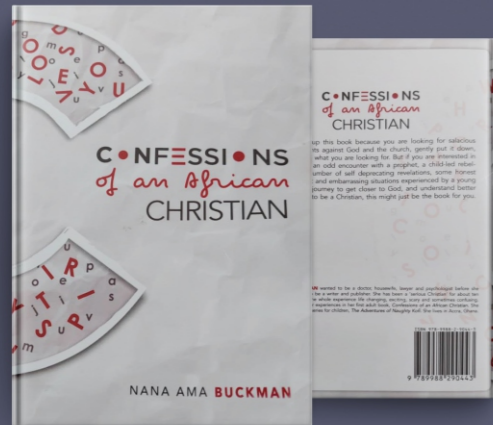


Confessions of an African Christian

An honest self assessment by a young Ghanaian woman, in her journey to get closer to God, and understand better what it means to be a Christian.

A must read for the youth, especially young women of today.



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Weekly Bulletin

Year 27, No. 06

5TH SUNDAY OF EASTER, YEAR C

SUNDAY, 15TH MAY, 2022

Christ The King Catholic Church | P.O.Box CT 2110 Cantonments-Accra, Ghana
Tel. 233-245-276017 www.christthekingaccra.net | Email: info@christthekingaccra.net
CTK School +233-302785200

OFFICE HOURS

Weekdays
8:00am-5:00pm

Saturdays
8:00am-12:00pm

Sundays
8:00am-2:00pm

MASS SCHEDULE

SUNDAYS
6:30am, 8:30am, 10:30am, 6:00pm
Youth Mass : 8.30am

WEEKDAY SCHEDULE
Daily: 6.30am & 12:15pm;
Tues: 6.30am | 12:15pm | 6.30pm

HOLY HOUR & MASS

Thursday preceding the 1st Friday
& 1st Friday @ 6.00pm

CONFESSION
Saturdays : After Morning Mass &
5.00pm (Adoration Chapel)

PASTORAL STAFF

Very Rev. Fr. Ebenezer Akesseh - Parish Priest (0244727276) | Rev. Fr. Wisdom Dordunu - Priest in Residence (0244109037)
Rev. Fr. Donatus Pallu - Parochial Vicar (024 988 1284)

PARISH AUDIOVISUAL TEAM CALLS FOR VOLUNTEERS

The Parish invites youth parishioners who are interested in helping in the projection of songs, live streaming, photography, operation of PA system, audio and video editing, and graphic designing to kindly contact Norbert (0264888513) or Noel (0248955087). Technical training will be provided.

FATHER OF THE YEAR NOMINATION OPENED

As part of celebrating Fathers' Day, there will be a competition to select the "FATHER OF THE YEAR". All societies are encouraged to suggest names of fathers for the competition and submit them to the selection committee through the Parish Office latest by 16th May 2022.

CRITERIA FOR SELECTION

- Ø Must be a Catholic and a Communicant
- Ø Must be 50years and above
- Ø Must be a fully paid up member of the Church
- Ø Must be affable, approachable and amiable
- Ø Must have demonstrated by word and deed utmost care and concern for Christian Family life.
- Ø Must be an active participant of Parish activities
- Ø Must not have pending ecclesiastical or civil penalties.

HAIR DRESSER WANTED URGENTLY FOR KIDS SALON

CALL: **0244722327**

Natural Kids Salon

Special Attraction

Wifi Available
We specialize in Haircuts, Hair Treatment, Styling for Weddings & Parties, etc

OPENING HOURS
MON - SAT 9am - 7.30pm
SUNDAY

CALL 0302 791 862
0553 944 366

LOCATION: Coconut Street Avenue Behind Trade Fair, Tse Addo

@naturalkidssalon
@naturalkidssalon
@naturalkidssalon

e-mail: naturalkidssalon@gmail.com

PARISH YOUTH COUNCIL
CHRIST THE KING CATHOLIC CHURCH, CANTONMENTS
presents

YOUTH Harvest 2022

TO BE LAUNCHED TODAY AT ALL MASSES
TARGET: GHS 100,000.00



EDUCATING THE STREET CHILD (CTK SOUP KITCHEN)

Christ the King Soup Kitchen sends three (3) more beneficiaries to Don Bosco Training Institute. This brings the number of beneficiaries sent to school and vocational institutes between June 2021 and May 2022 to ten (10). We are encouraged to continue supporting the Soup Kitchen to touch and transform more lives.

Picture: Very Rev. Fr. Ebenezer Akesseh, Parish Priest, Rev. Fr. Donatus Pallu, Assistant Priest and the beneficiaries just before their departure to school.

ROSARY MONTH

GROUPS & SOCIETAL SCHEDULE

6:00PM | EACH DAY

WEEK 3

Mon. 16th May 2022 - KSJI
Tue. 17th May 2022 - Crusaders for Christ
Wed. 18th May 2022 - St. Theresa of the Child Jesus
Thu. 19th May 2022 - YCWM
Fri. 20th May 2022 - Ushers

WEEK 4

Mon. 23rd May 2022 - Christian Mothers
Tue. 24th May 2022 - St. Peter the Apostle Dagaaba Union
Wed. 25th May 2022 - COSRA / CYO
Thu. 26th May 2022 - Catholic Men Association
Fri. 27th May 2022 - Catechists/Sunday School

Rosary Prayers will be at the Grotto

CHOIRS TO LEAD IN SONGS

Monday & Thursday - Christ the King Choir
Tuesday - St. Cecilia Choir
Wednesday - Marian Choir
Friday - Angelic Choir

CHANGE IN TIME OF MASS

FROM 5TH JUNE, 2022, THE 8:30AM MASS WILL BEGIN AT 8:00AM

5TH SUNDAY OF EASTER, YEAR C

First Reading: When Paul, now professing the Christian faith, tried to join the disciples, they could not trust him until Barnabas sponsored him and explained how Jesus had spoken to Paul on the road to Damascus.. (Acts 9:26-31)

RESPONSORIAL PSALM (Ps. 145)

“ I will praise your name for ever, my king and my God. ”

The LORD is gracious and merciful, slow to anger and of great kindness. The LORD is good to all and compassionate toward all his works.. **Res.**

Let all your works give you thanks, O LORD, and let your faithful ones bless you. Let them discourse of the glory of your kingdom and speak of your might. **Res.**

Let them make known your might to the children of Adam, and the glorious splendor of your kingdom. Your kingdom is a kingdom for all ages, and your dominion endures through all generations. **Res.**

Second Reading: Our love must not be just words or mere talk but must be something real, sincere and active. If our conscience is clear, then we need not be afraid in God's presence. (John 3:18-24)

Gospel: Jesus, the true vine, is our only real source of divine life. Attached to this tree of life, the Christian must bear fruit; to cut oneself off from Jesus is to wither and die. (John 15:1-8)

WEEKDAY READINGS 5TH WEEK OF OF EASTER , YEAR C

Monday	St. Simon Stock Acts 14:5-18/ Ps 115/Jn 14:21-26
Tuesday	St. Paschal Baylon Acts 14:19-28/Ps 145/Jn 14:27-31a
Wednesday	St. John I Acts 15:1-6/Ps 122/Jn 15:1-8
Thursday	St. Peter Celestine V Acts 15:7-21/Ps 96/Jn 15:9-11
Friday	St. Bernadine of Siena/Bl. Josepha Hendrina Stenmanns Acts 15:22-31/Ps 57/Jn 15:12-17
Saturday	St. Christopher Magallanes & Co. Acts 16:1-10/Ps 100/Jn 15:18-21

NEXT SUNDAY'S READINGS 6TH SUNDAY OF EASTER

Acts 15:1-2, 22-29/Ps 67/Rev 21:10-14, 22-23/ Jn 14:23-29

FROM THE PASTOR'S DESK

Dear Parishioners,

I give you a new commandment: love one another.

Before Jesus would depart from this world, He gave his disciples a new commandment: *love one another*. The injunction to love had been mandated in the Old Testament. For example, in Leviticus 19:18, God says *Do not take revenge on anyone or continue to hate him, but love your neighbour as you love yourself*. What then is different in the new commandment? This new commandment is founded on the personality and example of Jesus.

In his reflection on John 13, John Yieh, a scripture scholar, says: “the commandment to love one another sets a high standard. Disciples are required to love one another the same way Jesus loves them. Following Jesus in ministry, they have witnessed how Jesus loves all who come to him, in spite of their social standing and gender difference and in spite of his own hunger, fatigue, or risk of life. Jesus has called them, fed them, taught them, and prayed for them. Earlier in the night, Jesus had even washed their feet. Now they are commanded to imitate Jesus and do the same to one another. To love Jesus is to love fellow believers, and vice versa.”

This new commandment reminds us that what sets us apart as disciples of Christ is our practical demonstration of love – our acts of sacrifice, charity, and service to God and one another. This is what Jesus means when He says in the last verse of today's Gospel: *This is how all will know that you are my disciples, if you have love for one another.*

To love is to know God - *Whoever does not love does not know God, for God is love* (1 John 4:7-8). John devotes his letters to talking about the essence of Christian love. For example, in 1 John 4:20, he says: *If anyone says, I love God, and hates his brother, he is a liar; for he who does not love his brother whom he has seen, cannot love God whom he has not seen*. It is said that when John became old, he was carried to churches and assemblies. Wherever he went, he repeated the words, “Little children, love one another.” His disciples, wearied by the constant repetition, asked him why he always said this. “Because,” he replied, “it is the Lord's commandment, and if it only be fulfilled, it is enough.”

The command to love has communal implications. Do we show sincere love in our community? Is our love based on mere smiles or genuine love? If somebody had to choose between two churches, would they opt for our church on the evidence of our love and community spirit? In other words, can anyone standing by, say of us, *see how they love one another*? This community is all we have. We can constantly make it better through our practical deeds of godly love. Let us demonstrate authentic witness to the resurrected Lord by showing genuine love for one another.

I encourage you to pray the Holy Rosary.

The Lord bless and keep you.
Fr. Akesseh

SECOND COLLECTION

May 15 Vocations (Arch)
22 Poor and Needy

BIDDING PRAYERS & OFFERTORY

May 15 St. Michael Ewe Union
22 St. Theresa of the Child Jesus

MARRIAGE BANNS

1. Bonaventure Folitse & Harriet Elikplim Morkeh (1)
2. George Adade & Makafui Yevo (1)
3. Felix Korbieh & Flora A. Yelibora (1)

SOCIETAL / GROUP MEETINGS

TODAY

*St Peter the apostle Dagaaba Union, after the 8:30am Mass at the Grotto.

*St. Michael Ewe Union (General), after the 8:30am Mass at the Grotto.

*East Legon, Madina, Haatso, Adenta Area Group, at Divine Mercy Catholic Church, Okponglo at 4.30pm.

NEXT SUNDAY

*Marshallan Association, after the 8:30am Mass at the St Maria Room (Parish Office).

PENTECOST NOVENA BEGINS 27TH MAY 2022

CTK USHERS WEEK CELEBRATION

Sunday, 15th May, 2022

Launch

Tuesday, 17th May, 2022

Tuesday Teachings

Friday, 20th May, 2022

Rosary praise and worship, adoration

Saturday, 21st May, 2022

Mass at 6.30 am, followed by a Talk, and Socialisation

Sunday, 22nd May, 2022

Climax and Re-dedication

APPRECIATION

The entire family of **Mr. Isaac K. A. Osei** would like to thank all parishioners for their wonderful support during the funeral. Sending heartfelt gratitude and invoking an abundance of heavenly blessings for all.

FUNERAL ANNOUNCEMENT

The death has been reported of **Mad. Anna Abirebase**, mother of Mrs. Juliet Babilah and mother-in-law of Col (Rtd) Sampana Babilah, both parishioners. Funeral arrangements will be announced later.

FAITH CORNER

FIGHTING DISTRACTIONS WHEN PRAYING THE ROSARY

Praying the rosary can be challenging. The repetition of prayers may provide familiar comfort but also can lead to rote recital. Rather than focusing on the prayers and meditating on the mysteries, your mind may wander off to unfinished tasks, problems at work, family tensions, or weekend plans. You might even lose count of the Hail Marys or finish feeling unfulfilled.

Distractions inevitably arise, and even saints have had to deal with them. So here are a few tried and tested tips to keep you focused and on track:

1. Before you begin, prepare. Never address your words to God while you are thinking of something else. Before you begin the rosary, know the mysteries that you have to deal with and immerse yourself into it.
2. Set the right environment. You can pray anytime and anywhere. The rosary is a meditative prayer, and meditation does not go well with multitasking. So take preventive measures to ward off distractions. Turn off the TV, put away the phone, and choose a quiet place, if possible. God deserves your undivided attention.
3. Pray with all your senses. You can more easily focus your mind and heart on prayer if you engage your senses as much as possible. Focus intently on the prayers as they are recited. If going solo, pray aloud or pray along with a recording of the rosary. Keep religious images or a crucifix within sight to keep your eyes from wandering. And use the beads! They give you a way of praying even through the sense of touch.
4. Decide what to meditate upon. Should you meditate on each mystery, on your prayer intentions, or the words of the prayers themselves? Each of these options is valid. Choose one, or slide gracefully among all three, as long as you maintain a spirit of prayer (take note of the next two points).

- Rev. Fr. Donatus Pallu

RECEPTION OF FIRST HOLY COMMUNION

The Parish's First Holy Communion for the children in the Catechism class will take place on Sunday June 19, 2022. The full preparation programme will be published soon. Thank you.

ST. VINCENT DE PAUL LENTEN ENVELOPES

Parishioners who are still in possession of the Lenten Envelopes should kindly return them. Envelopes can be dropped at the Parish office.